# **Bone Density Check-up Drive**

Event Date: September 4th, 2021

Guest: Dr. Kasturi Donimath, HOD OBG dept. KIMS







Teachers' day was celebrated to commemorate the birth anniversary of Dr. Sarvepalli Radhakrishnan, an educationist at heart. September 5th is a special day to celebrate the teacher's day for their significant contributions in shaping the life of students. On the eve of this day, Women Empowerment Cell, KLE Technological University Hubli, organized a Bone Mineral Density (BMD) check-up drive for women staff in association with KIMS Hubli. The drive was arranged on **4th September 2022** in KLETECH Medical Centre.

### **Self Defence Techniques for Girls**

**Date of Event: 28/02/2022** 







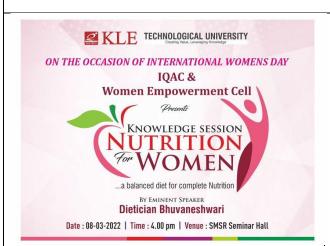
The most important aspect of self-defence for women is the ability to defend themselves against anything that is socially incorrect. Nothing is more empowering than having the confidence to assess a dangerous situation and take appropriate action to overcome it.

So, KLE Technological University's Anti-Sexual Harassment and Women Empowerment Cell along with Women Doctors Wing of Indian Medical Association on **28**<sup>th</sup> **February 2022 have** taken a step forward in achieving this and helping our generation to stand equally and to stand strong against doing anything against their will by inviting a group of trainers from Aspire Sports Karate Academy to our campus for this session.

#### **NUTRITION OF WOMEN**

Date of Event: March 08, 2022

**Guests: Mrs. Bhuvaneshwari Shetter (Nutritionist)** 





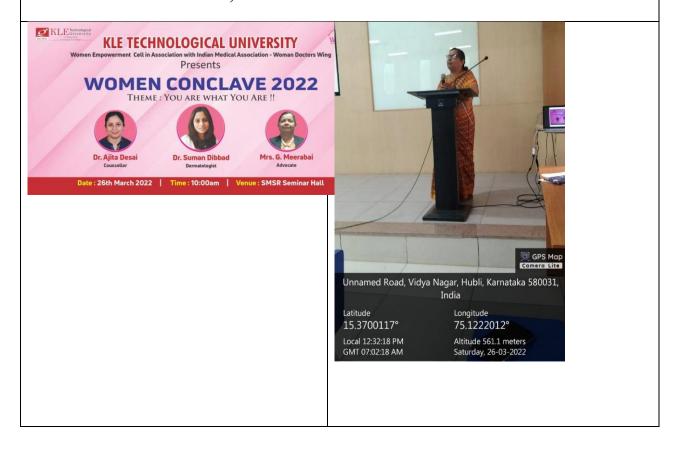




International Women's day held on March 8<sup>th</sup>, 2022, a knowledge Session - Nutrition for women was organized by IQAC & Women empowerment cell of KLE TECHNOLOGICAL UNIVERSITY. Mrs. Bhuvaneshwari Shettar, Clinical dietitian at KLE HCG-Suchirayu Hospital Hubli was the speaker. Also known as 'dietitian Bhuvana' on FB and Instagram.

## **WOMEN CONCLAVE 2022**

Date of Event: March 26, 2022









Women Conclave-2022 was organized on **March 26**<sup>th</sup>, **2022** by the women empowerment cell of KLE Technological University. This event is organized from past three years. The event is dedicated to celebrating women. Women conclave event gives us an opportunity to interact with proficient women. This year we had Dr. Ajita Desai, Counseller; Dr. Suman Dibbad, Dermatologist and Adv. G. Meerabai, advocate with us to enlighten us about the importance of stress-free and clam mind, skin care and bring awareness of women rights respectively.

#### ORAL HEALTH SCREENING CAMP

Date of Event: April 22, 2022

Guests: Team from Department of Oral Medicine and Radiology, SDM College of

**Dental Sciences & Hospital** 









The 'National Oral Medicine and Radiology Day', was celebrated in BVB Ladies Hostel Hubballi on **22**<sup>nd</sup> **April 2022**. The Women Empowerment Cell of KLE Technological University in association with the Department of Oral Medicine and Radiology, SDM College of Dental Sciences & Hospital, and The Indian Academy of Oral Medicine and Radiology (IAOMR) conducted ORAL HEALTH SCREENING CAMP.

#### SPINE HEALTH AND WOMEN FITNESS

Event Date: 26-02-2022

GUEST: DR. VIJETHA HALEPET HARAPANAHALLI

- Senior Physiotherapist and a Sports Rehab Specialist









An event on Spine Health and Women Health was held on **February 26<sup>th</sup>, 2022** and organized by IQAC & Women empowerment cell of KLE TECHNOLOGICAL UNIVERSITY.

We mistreat our spines. We slouch, we hunch, and we twist and turn in uncomfortable ways to get comfortable in the short term. Hence it is a must to know the importance of taking care of our spine. So, KLE Technological University has taken a step forward in achieving this and helping women to stand strong

and maintain posture by inviting Dr. Vijetha Halepet Harapanahalli, a senior Physiotherapist and a Sports Rehab Specialist to our campus for this session and to train and demonstrate a few moves and exercises to stay healthy.